

Create an edible legacy: Make your own food forest garden

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FOOD FOREST GARDEN PLANT LIST

These are plants selected for Mississippi gardens but verify if they are suitable for your climate and soils in your part of the state.

CANOPY TREES (OVER 40' TALL)

- PECAN (CARYA ILLINOINENSIS)
- HICKORY (CARYA)
 - SHAGBARK
 - PIGNUT
- BLACK WALNUT (JUGLANS NIGRA)
- AMERICAN BEECH (FAGUS GRANDIFOLIA)
- CHINESE CHESTNUT (CASTANEA MOLLISSIMA)
- AMERICAN CHESTNUT (CASTANEA DENTATA)

UNDERSTORY TREES (20'-40')

- MEXICAN PLUM (PRUNUS MEXICANA)
- AMERICAN PLUM (PRUNUS AMERICANA)
- JAPANESE DOGWOOD (CORNUS KOUSA)
- SOUTHERN CRABAPPLE (MALUS ANGUSTIFOLIA)
- AM. PERSIMMON (DIOSPYROS VIRGINIANA)
- OR. PERSIMMON (DIOSPYROS KAKI)
- MAYHAW (CRATAEGUS OPACA)
- COMMON PEAR (PYRUS COMMUNIS)
- REDBUD (CERCIS CANADENSIS)
- MULBERRY (MORUS RUBRA & M. ALBA)
- CHINQUAPIN (CASTANEA PUMILA)
- CHINESE DATE (ZIZIPHUS JUJUBA)
- LOQUAT (ERIOBOTRYA JAPONICA)
- CHICKASAW PLUM (PRUNUS ANGUSTIFOLIA)
- PAW PAW (ASIMINA TRILOBA)
- BLACK CHERRY (PRUNUS SEROTINA)
- WINGED SUMAC (RHUS COPPALINA)
- TWO WING SILVERBELL (HALESIA DIPTERA)

SHRUBS (4'-20')

- AGAVE (AGAVE AMERICANA)
- BANANA (MUSA)
- BAMBOO (PHYLLOSTACHYS AUREA)
- FLOWERING QUINCE (CHANOMELES SPECIOSA)
- BLUEBERRIES (RABBITEYE, SOUTHERN Highbush)
- DEWBERRY (RUBUS TRIVIALIS)

- PRICKLY PEAR (OPUNTIA SPP.)
- RUGOSA ROSES (ROSA RUGOSA)
- WILD ORANGE (PONCIRUS TRIFOLIATA)
- YUCCA (YUCCA FILAMENTOSA)
- NATIVE BLUEBERRIES (V. ELLIOTTII, STAMINEUM)
- ELDERBERRY (SAMBUCUS CANADENSIS)
- NATAL PLUM (CARISSA GRANDIFLORA)
- RUSSIAN OLIVE (ELEAGNUS PUNGENS)

GROUNDCOVERS (UNDER 4')

EDIBLE SALAD PERENNIALS

- LAMBS QUARTERS (CHENOPODIUM ALBUM)
- PLANTAIN (PLANTAGO SPP.)
- PURSLANE (PORTULACA OLERACEA)
- PEPPERGRASS (LEPIDIUM VIRGINICUM)
- DANDELION (TARAXACUM OFFICINALE)
- BEE BALM (MONARDA DIDYAMA)
- WOOD SORREL (OXALIS SPP.)
- VIOLETS (VIOLA SPP.)
- CHICKWEED (STELLARIA MEDIA)

EDIBLE PERENNIAL VEGETABLES

- ASPARAGUS (ASPARAGUS OFFICINALIS)
- DAYLILY (HEMEROCALLIS SPP.)
- SHALLOTS

SEASONING GROUNDCOVERS

- CREEPING OREGANO (ORIGANUM VULGARE)
- WOOD SORREL (OXALIS)
- CREEPING THYME (THYMUS)
- WILD GARLIC (ALLIUM CANADENSE)
- NATIVE MINT (PYCNANTHEMUM)
- SPEARMINT (MENTHA)
- ROSEMARY (ROSMARINUS)
- SAGE (SALVIA OFFICINALIS)
- FENNEL (FOENICULUM VULGARE)

FRUITING GROUNDCOVERS

- PARTRIDGEBERRY (MITCHELLA REPENS)
- WILD STRAWBERRY (FRAGARIA SPP.)

VINES

- CHEROKEE ROSE (ROSA LAEVIGATA)
- MUSCADINE (VITIS ROTUNDIFOLIA)
- PASSIFLOWER (PASSIFLORA INCARNATA)
- GREENBRIAR (SMILAX ROTUNDIFOLIA, LAURIFOLIA)

NOTE: ALWAYS properly identify edible plants before consumption and do not eat any wild edible plants, herbs, weeds, trees or bushes until you have verified with your health professional that they are safe for you.